## **SALADS**

Soba Noodles Salad	\$9. <sup>95</sup>
TRADITIONAL JAPANESE BUCKWHEAT NOODLES, CUCUMBER, CARROTS, BOK CHOY AND TOFU.  DRESSED WITH A CREAMY PEANUT SAUCE.*	
	<b>*11.05</b>
AEGEAN GRAIN BOWL SALAD	\$11. <sup>95</sup>
Brown rice, quinoa, sweet potato, broccoli, cauliflower,	
POACH EGGS, GARBANZO BEANS AND FETA CHEESE.	
CAESAR SALAD	\$9. <sup>95</sup>
ROMAINE LETTUCE, CROUTONS AND PARMESAN CHEESE DRESSED WITH CHICO'S HOMEMADE DRESSING.	
COBB SALAD	\$14. <sup>95</sup>
CHOPPED GREENS, BACON, TOMATO, AVOCADO, EGG, BLUE CHEESE AND CHOICE OF DRESSING.	

## PICK YOUR PROTEIN—PAIR WITH ANY SALAD

•COLD SMOKED CHICKEN (6 OZ) \$4 •GRILLED CHICKEN (6 OZ) \$4

•GRILLED SALMON (4 OZ) \$5 •GRILLED STEAK (4 OZ) \$6 •GRILLED SHRIMP (4 PIECES) \$5

## CHICO'S SEAFOOD & SPECIALTIES

Includes a side of our house Green salad.

BRAISED SHORT RIB SUCCULENT AND TENDER BRAISED SHORT RIB, SERVED WITH SAUTEED SPINACH ON CREAMY MASHED POTATOES.	\$17. <sup>95</sup>
BAKED SALMON WITH CAJUN SEASONING SALMON PAIRED WITH OUR CAJUN SEASONING BLEND AND A SIDE OF BALSAMIC GLAZE, SERVED WITH BROWN RICE PILAF AND MIXED VEGETABLES.	\$20. <sup>95</sup>
PANKO CRUSTED COD FILLET  SEASONED COD CRUSTED WITH PANKO AND PARMESAN CHEESE,  OVEN BAKED AND TOSSED WITH SAUTEED SUNDRIED TOMATOES, MUSHROOMS AND ARTICHOKES.  BASTED WITH LEMON BUTTER SAUCE AND SERVED WITH BROWN RICE PILAF.	\$14. <sup>95</sup>
HERB AND GARLIC HALF ROASTED CHICKEN  OUR HOMEMADE MIXED HERB, SPICES AND GARLIC MARINATED HALF CHICKEN ROASTED TO PERFECTION, WITH NATURAL AU JUS, SERVED WITH GARLIC MASHED POTATOES AND MIXED VEGETABLES.	\$18. <sup>95</sup>
SPICY CAULIFLOWER STEAK  VEGAN, GRILLED CAULIFLOWER SEASONED WITH GARLIC, GINGER AND BRUSHED WITH HONEY-SOY GLAZE TOPPED WITH STRANDS OF RED PEPPER AND SERVED WITH BROWN RICE PILAF, MIXED VEGETABLES AND A LEMON WEDGE.	\$14. <sup>95</sup>
FLAME-GRILLED CHICO'S SIGNATURE BURGER  10 oz ground sirloin topped with lettuce, tomato, onion, pickles and Chico's signature saud Served with French fries.	\$13. <sup>95</sup>

\*CONTAINS NUTS