

March 2023 MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Shrimp Kabob B. Ginger BBQ Chicken C. Lemon Basil Pasta</p> <p>DINNER A. Marinated Tomatoes With Penne And Basil B. Sweet Chili BBQ Meatballs C. Fish Onion Lemon Baked</p>	<p>2 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Honey Mustard Chicken Breast B. Ziti with Meat Sauce C. Baked Fish</p> <p>DINNER A. Hot & Spicy Chicken B. Pasta Toscano C. Cantonese Spare Ribs</p>	<p>3 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Polish Sausage B. Baked Salmon C. Hamburger Yakisoba</p> <p>DINNER A. Roast Beef B. Shrimp Scampi C. German Chicken Schnitzel</p>	<p>4 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Santa Fe Glazed Chicken B. Baked Dijon Pork Chop C. Beef Ball Stroganoff</p> <p>DINNER A. Salmon w/Maple Ginger Glaze B. Stuffed Green Peppers w/Turkey and Lentils C. Pasta Primavera</p>
<p>5 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Cheese Manicotti B. Shrimp Creole C. Baked Chicken</p> <p>DINNER A. Beef Pot Pie B. Lemon Baked Fish C. Herbed Baked Chicken</p>	<p>6 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Stuffed Green Peppers B. Savory Baked Chicken C. Cod Baja Fillet</p> <p>DINNER A. Beef Stew B. Chinese Five Spice Chicken C. Southwestern Sweet Potatoes Black Beans and Corn</p>	<p>7 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Baked Fish B. Meat Loaf C. Baked Chicken</p> <p>DINNER A. BBQ Beef Cubes B. Southwestern Fish C. Beef Fajitas</p>	<p>8 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Lemon Basil Shrimp Pasta B. Mambo Pork Roast C. Grilled Chicken w/ Mustard Sauce</p> <p>DINNER A. Grilled Steak B. Mediterranean Salmon C. Oven Fried Chicken</p>	<p>9 March BREAKFAST A. Grilled Turkey Sausage Links B. Bacon C. Pancakes D. Bacon</p> <p>LUNCH A. Honey Ginger Chicken B. Grilled Salmon w/Citrus Butter C. BBQ Brisket</p> <p>DINNER A. Crispy Oven Baked Chicken B. Roast Beef C. Parmesan Crusted Cod</p>	<p>10 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Chicken Florentine B. Italian Broccoli Pasta C. Stuffed Baked Pork Chops</p> <p>DINNER A. Greek Lemon Turkey Pasta B. Savory Baked Chicken C. Oven Fried Fish</p>	<p>11 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. French Fried Shrimp B. Hot and Spicy Chicken C. Ziti with Meat Sauce</p> <p>DINNER A. Beef Sir Fry B. Baked Stuffed Fish C. Chicken Bulgogi</p>
<p>12 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Turkey Lentil Chili B. Shrimp Jambalaya C. Southern Fried Chicken</p> <p>DINNER A. Baked Dijon Pork Chop B. Chili Mac C. Lemon Pepper Catfish</p>	<p>13 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Roast Beef B. Chicken Cordon Bleu C. Pasta Primavera</p> <p>DINNER A. Beef and Corn Pie B. Bourbon Chicken C. Turkey Nuggets</p>	<p>14 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Chicken Kabob B. Pepper Steak C. Tuna Noodles</p> <p>DINNER A. Sweet and Spicy Orange Salmon B. Cheese Manicotti C. Steak Ranchero</p>	<p>15 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Beef Broguel B. Pork Schnitzel C. Fish Onion-Lemon Baked</p> <p>DINNER A. Almond Crusted Cod B. Hamburger Yakisoba C. Cranberry Glazed Chicken</p>	<p>16 March BREAKFAST A. Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Turkey and Spinach Meatloaf B. Marinated Tomatoes With Penne And Basil C. Pineapple BBQ Meatballs</p> <p>DINNER A. BBQ Beef Cubes B. Chicken Enchilada C. Steak Ranchero</p>	<p>17 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Swiss Steak w/Brown Gravy B. Stuffed Green Peppers w/Turkey and Lentils C. Tuna Noodles</p> <p>DINNER A. Lasagna B. Chicken Cacciatore C. Italian Broccoli Pasta</p>	<p>18 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Grilled Honey Sriracha Chicken B. Chili Mac C. Shrimp Chop Suey</p> <p>DINNER A. Jamaican Chicken B. Braised Spareribs C. Salisbury Grilled Salmon</p>
<p>19 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Country Style Fried Steak B. Baja Baked Cod C. Chicken Ala King</p> <p>DINNER A. Polynesian Fillet B. Steak Smothered in Onions C. Meatballs</p>	<p>20 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes</p> <p>LUNCH A. Oriental Pepper Steak B. Chicken Parmesan C. Baked Fish w/Lemon Garlic Butter</p> <p>DINNER A. Pork Roast Tenderloin B. Tuna Noodles C. Savory Baked Chicken</p>	<p>21 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Basil Baked Fish B. Pasta Provençal C. Teriyaki Chicken</p> <p>DINNER A. Baja Fish Taco B. Baked Mexican Chicken C. Beef Stir Fry</p>	<p>22 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Grilled Pork Chops B. Cajun Meatloaf C. Chicken Enchiladas</p> <p>DINNER A. Fish Onion-Lemon Baked B. Simmered Beef C. Cajun Chicken</p>	<p>23 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Spinach Lasagna B. Florentine Turkey Roulade C. Teriyaki Chicken</p> <p>DINNER A. Baked Salmon B. Pineapple BBQ Meatballs C. Honey Mustard Chicken Breast</p>	<p>24 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Cheese Tortellini with Marina B. Stuffed Green Peppers C. Oven Fried Chicken</p> <p>DINNER A. Turkey and Spinach Meatloaf B. Crispy Oven Baked Chicken C. Parmesan Fish</p>	<p>25 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Baked Chicken B. Southwestern Shrimp Linguine C. Beef Bulgogi</p> <p>DINNER A. Honey Ginger Chicken B. Salisbury Steak C. Cheese Manicotti</p>
<p>26 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Teriyaki Steak B. Cajun Chicken C. Creole Fish Fillets</p> <p>DINNER A. Pasta Primavera B. Teriyaki Steak C. Baked Fish</p>	<p>27 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Simmered Beef B. Almond Crusted Cod C. Baja Baked Cod</p> <p>DINNER A. Spaghetti w/Turkey Meat Sauce B. Steak Smothered in Onions C. Baked Fish w/Lemon Garlic Butter</p>	<p>28 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Chili Mac B. Basil Baked Fish C. Chinese Five-Spice Chicken</p> <p>DINNER A. Pork Roast Tenderloin B. Parmesan Cod C. Pasta Provençal</p>	<p>29 March BREAKFAST A. Grilled Turkey Patty B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Shrimp Kabob B. Ginger BBQ Chicken C. Lemon Basil Pasta</p> <p>DINNER A. Marinated Tomatoes With Penne And Basil B. Sweet Chili BBQ Meatballs C. Fish Onion Lemon Baked</p>	<p>30 March BREAKFAST A. Turkey Bacon B. Bacon C. Pancakes D. French Toast</p> <p>LUNCH A. Honey Mustard Chicken Breast B. Ziti with Meat Sauce C. Baked Fish</p> <p>DINNER A. Hot & Spicy Chicken B. Pasta Toscano C. Cantonese Spare Ribs</p>	<p>31 March BREAKFAST A. Grilled Turkey Sausage Links B. French Toast C. Pancakes D. Bacon</p> <p>LUNCH A. Polish Sausage B. Baked Salmon C. Hamburger Yakisoba</p> <p>DINNER A. Roast Beef B. Shrimp Scampi C. German Chicken Schnitzel</p>	
<p>* Breakfast entrees are served with hard boiled eggs, breakfast potatoes, brown rice, oatmeal & a biscuit.</p>	<p>* All entrees are accompanied with one starch, two vegetable sides and bread.</p>	<p>*Salad is a daily entrée option for RoM lunch and dinner.</p>	<p>* Lettered Entrees are RoM Menu items.</p>	<p>*All menu items may be subject to change</p>		

MONTHLY PRODUCTION CALENDAR