

DECEMBER CLASS SCHEDULE

NATATORIUM • 225-6133

BALLET STUDIO

Instructor: Chinatsu

DAY	TIME	AGES	COST
Thu	4-4:50 p.m.	3-4	\$45/Month/4 Classes
Wed	6:40-7:30 p.m.	Adults	\$50/Month/4 Classes, \$15 Walk-In

KIDS' JAM

DAY	TIME	AGES	COST
Fri	3:15-4 p.m.	3-5	\$45/Month/4 Classes
	4:05-4:50 p.m.	6-10	

HAWAIIAN KEIKI HULA

DAY	TIME	AGES	COST
Mon	3-3:45 p.m.	5-12	\$35/Month/4 Classes, \$10 Walk-In

JIU JITSU

DAY	TIME	AGES	COST
Mon/Wed	5-6 p.m.	9-15	\$60 per Month/4 Classes per Week, \$35 per Month/2 Classes per Week
Tue/Thu	4-5 p.m.	6-8	
Thu	5-6 p.m.	9-15	\$30/4 Classes
	1:45-2:45 p.m.	Women 16 & Up	
Mon/Wed	3-3:45 p.m.	4-5	\$25/4 Classes
	6-7:30 p.m.	Adult Advanced	
Tue/Thu	12-1:30 p.m.	Adult Any Level	\$95 per Month/5 Classes per Week, \$85 per Month/4 Classes per Week, \$60 per Month/2 Classes per Week, \$8 Walk-In
	6-7:30 p.m.	Adult Beginner	
Fri	5:30-7 p.m.	Adult Competition	

TAE KWON DO

DAY	TIME	AGES	COST
Mon & Fri	3-3:45 p.m.	5-7	\$60/Month/8 Classes
	3:45-4:45 p.m.	8-12	

TRADITIONAL KARATE

DAY	TIME	AGES	COST
Mon	4-5 p.m.	5 & Up	\$60/Month/8 Classes, \$30/Month/4 Classes
Wed	3-3:40 p.m.	3-4	
	3:45-4:45 p.m.	5 & Up	
Sat	10:40-11:40 a.m.	5 & Up	\$30/Month/4 Classes
	11:50 a.m.-12:30 p.m.	3-4	

BABY YOGA

DAY	TIME	AGES	COST
Tue	4-4:45 p.m.	6 Weeks-12 Months	Punch Cards \$25/8 Classes, \$15/4 Classes, \$5 Walk-In

POWER YOGA

DAY	TIME	AGES	COST
Mon & Wed	5:25-6:25 p.m.	16 & Up	Punch Cards \$30/8 Classes, \$15/4 Classes, \$5 Walk-In

U-JAM FITNESS®

DAY	TIME	AGES	COST
Tue/Thu	5:15-6:15 p.m.	16 & Up	\$20/8 Classes, \$10/4 Classes, \$3 Walk-In